Celebrating Life's Stories

A NEWSLETTER FOR OUR FRIENDS

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Grief Experience Inspires Volunteerism

Katie Gillotti already knows more about grief than she should.

The Gillotti family members were busy with preparations for a new school year in 2016 when their world was rocked by a cancer diagnosis. Katie's father, Steve, was told he had terminal cancer, and in just seven weeks, he was gone.

At 16, Katie, her 13-year-old sister and her 6-year-old brother each struggled with grief in their own ways. Along with their grandmother and mother, the Gillotti kids participated in Art Forever After, a multigenerational art-based grief group offered by Pathways of Hope that provides a place for individuals, friends and family members to make art together. "It was the first thing we did that enabled us to realize others were experiencing some of the same things," Katie says. "It helped to connect with kids our age, and for our mother to connect with other women who have lost their husbands. We found support and also gained insights into what was going on with each other."

After the positive experience with Art Forever After, the Gillotti children attended Camp Pathways, the annual Pathways of Hope bereavement camp for children ages 7 through 17. "It provided a really good balance," Katie says of her experience as a camper. "There were activities focused on the grief we were all experiencing, but there were also really fun, kid things and activities, including making new friends."

In 2018, Katie returned to Camp Pathways as a volunteer, helping with the arts and crafts programs.



"It was fun to see how all ages could get so much out of the same craft," she says. "They don't start out thinking 'what does this say about my grief?' Still, their artwork reveals their feelings."

Katie, now a college student majoring in education, hopes to return to Camp Pathways at some point as a "Camp Buddy," being paired with and providing support to younger campers new to the journey of grief. Katie will always feel the loss of her father, but thanks to her Pathways of Hope experiences, she has found ways to express it and is intent on helping others who follow.

Camp Pathways is made possible through community support. Donations allow grieving children to attend Camp Pathways at no cost to them. If you are interested in giving this gift to children in the community please visit www.HospiceofDayton.org/Donations.



Hospice House Meets Needs of Community



Mary Murphy, MS, RN, CNS, AOCN, ACHPN, Chief Nursing Officer, Ohio's Hospice President, Ohio's Hospice of Dayton



Ohio's Hospice of Dayton first introduced a Hospice House to our community in 1990, one of the first hospice inpatient facilities in the nation. While the vast majority of our patients receive care in their own home environment, we have always been honored to offer this option for inpatient hospice care to those whose unmanaged symptoms require short-term, around-the-clock medical attention to ensure patient comfort.

Our Hospice House is not a long-term care facility or nursing home. Patients typically come to the Hospice House for a few days so we can provide the personalized symptom management and medical support needed to meet their comfort needs. Once stabilized, patients return to their home setting for continued hospice support. For some homecare hospice patients, our Hospice House can help avoid unnecessary hospitalizations while we provide such medical services as pain management, blood transfusions, or treatment of infections. Following treatment, they can be safely returned to receive care in their own home settings.

We are in the unique position of being a hospice provider which also can offer Hospice House facility support to the patients we serve. For many, it is an invaluable option, and it has been a significant factor for end-of-life care for thousands in our community. For most, however, we are able to meet their needs and ensure their comfort wherever they call home — in their own home or facility environment — surrounded by those they love and the familiar faces of their caregivers. We are blessed with the community support that makes it possible for Ohio's Hospice of Dayton to provide a wide range of options to patients and families so that we can deliver the care they need, where they need it and when they need it most.

Spring-Cleaning, a Time to Take Stock



Lori Poelking-Igel, CFRE, Executive Director, Hospice of Dayton Foundation

That first day of each year when the snow has finally melted and the birds start to chirp, I throw open all of the windows and do a deep dive into each drawer and closet in my home. A brisk breeze sweeps through the rooms as I make piles of what to keep, what to throw away, and what to donate. My annual spring-cleaning day is a great opportunity to take stock of what I have and what I can give away for someone else to enjoy. This is often a reminder to take stock of my finances, as well.

Making a planned gift to a not-for-profit organization can have a huge impact. This is an incredible way to leave a legacy that helps provide the type of care your family received for others in your community. A planned gift can come in many forms: a donation from a life-insurance policy, a distribution from an individual retirement account, or a gift left in your will. As spring begins, it may be a good time to discuss your philanthropic wishes with your family and a financial planner. Then, reach out to the Hospice of Dayton Foundation at 937.258.5537.

Support Our Mission By Sponsoring Or Attending These 2019 Events



Steins, Stems, Spirits, Savories & Sweets

Saturday, May 18, 2019

7:00 PM-10:00 PM Ohio's Hospice Headquarters 7575 Paragon Rd. Dayton, OH 45459



Golf Classic

Monday, June 10, 2019

11:30 AM-7:30 PM Sycamore Creek Country Club 8300 Country Club Ln. Springboro, OH 45066



3k/5k Remembrance Walk

Saturday, October 26, 2019

8:30 AM - Registration Begins 10:00 AM - Walk Begins Ohio's Hospice of Dayton Campus 324 Wilmington Ave. Dayton, OH 45420



Cosmic Bowling

Sunday, November 3, 2019

1:00 PM-3:00 PM Poelking Woodman Lanes 3200 Woodman Dr. Kettering, OH 45420

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20% Off

Entire Purchase for You and a Friend!

Visit one of our Heirlooms Shoppes with one friend. The two visitors may receive one 20% discount on their entire sale. Coupon must be submitted during purchase. Red ticket items are excluded.



This discount is not good with any other discounts. Expires 7/1/19.

Hope Society

Hope is a powerful word that expresses an even more powerful emotion. The Hope Society is a giving program that was established as a way to support the unique programs and activities that Ohio's Hospice of Dayton offers every day to our community. As servants to our community, Ohio's Hospice of Dayton cares for every patient eligible for hospice services, regardless of insurance coverage or their ability to pay. The Hope Society helps make this possible. To join the Hope Society, please contact April Womack at 937.723.2895 or at Awomack@HospiceofDayton.org.

Thank you to our Hope Society Members listed below for their generous support.

Aspiration:

Kent and Teri Anderson Lisa Hanauer and Sue Spiegel The Steve Mason Family Robert H. Brethen Foundation Therapy Support Inc.

Belief:

Michael Boland Tammy Thomas and Glenn Costie Thomas R. and Lois Mann Jamie and Agata Schade Jerry and Patty Tatar Rana and Chirag Patel

Promise:

Cleanne Cass and Randy Ray Coolidge Wall Co., LPA Janice L. Culver and Eugene Kurtz

Promise: (continued)

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Hope: (continued)

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Celebrate the Life and Memory of a Loved One



The Memorial Courtyard, located on Ohio's Hospice of Dayton Campus,

consists of granite walls to mount engraved plaques that can be purchased to commemorate your loved one. The beautiful landscaping and tranquil water features create a peaceful environment to honor the memory of those you have lost.

Designed by landscape professionals, our beautifully manicured grounds offer a natural habitat filled with gardens, shade trees, flowering plants, water features and unique statuary. These special features provide tangible ways for friends and family to honor and remember loved ones. Dedication ceremonies for those purchasing plaques are held twice a year. For information on purchasing a memorial plaque or remembrance garden, contact the Foundation at 937.258.5537.

Celebrating Life's Stories is published quarterly for patients, families, staff members and friends of Ohio's Hospice of Dayton, Inc.

Kent Anderson, President & CEO, Ohio's Hospice Lori Poelking-Igel, Executive Director, Hospice of Dayton Foundation

Ohio's Hospice of Dayton has served the community since 1978. If you would like to be removed from our mailing list, please call us at 937.258.5537.









Ohio's Hospice of Dayton meets the Better Business Bureau of Dayton/Miami Valley Charity Standards.

www.HospiceofDayton.org 937.258.5537