

## ABOUT US

### HOSPICE OF DAYTON

The mission of Hospice of Dayton is to celebrate the lives of patients and provide superior care and superior services to each patient and family. Hospice of Dayton is a non-profit community hospice serving patients in their own homes, in extended care and assisted living facilities, hospitals and two Hospice House locations. Hospice of Dayton is an affiliate of Ohio's Hospice.



# SUPERIOR END-OF-LIFE CARE

*FOR OUR PATIENTS,  
OUR FAMILIES AND OURSELVES*

## END-OF-LIFE EDUCATIONAL CONFERENCE

**WEDNESDAY, MARCH 11, 2015**

Top of the Market, 32 Webster Street  
Dayton, Ohio 45402



## OBJECTIVES

AT THE END OF THIS PROGRAM PARTICIPANTS WILL BE ABLE TO:

### REGULATORY MYTHS VERSUS CLINICAL REALITIES: END-OF-LIFE CARE

1. Identify what regulations are frequently cited related to end-of-life care.
2. Identify two medications used in an "off label" fashion in end-of-life care.
3. Describe the risks and benefits related to the use of tube feeding in advanced dementia.
4. Describe two common errors involved in the implementation of advance directives.

### DO'S AND DON'TS OF DEMENTIA

1. Describe the pathophysiology of Dementia.
2. Identify causes of common behaviors in Dementia.
3. Discuss interventions for commonly seen behaviors.

### NUTRITION AND HYDRATION CONCERNS AT THE END-OF-LIFE

1. Describe effects of patient's decreased food and fluid intake on the patient's caregiver or family when dealing with terminal illness
2. Describe nutritional and metabolic symptoms at end-of-life.
3. Discuss management of symptoms affecting nutrition with pharmacological and non-pharmacological agents at end-of-life
4. Discuss nutritional goals, and pros and cons of potential nutrition/hydration interventions acceptable to terminally ill patients.

### "FINAL HOURS" CONVERSATIONS: WHAT TO SAY...AND WHAT NOT TO SAY AS DEATH APPROACHES

1. Identify the unit of care at the end-of-life
2. Identify three physical changes at the end-of-life that can be worrisome to the family
3. Identify two situations where health care providers can intervene proactively to avoid caregiver guilt and distress at the end-of-life.
4. Identify three phrases that are not beneficial to families at the end-of-life

### FROM HURTING TO HEALING: SUPPORTING THE BEREAVED

1. Verbalize the steps of the normal grief process
2. Summarize the predominant grief coping models
3. Identify individual and contextual factors which may be predictive of prolonged and/or disruptive bereavement trajectories
4. Verbalize strategies/best practices that may be of benefit to bereaved individuals

### COMPASSION FATIGUE/VICARIOUS TRAUMA (WHEN CARING HURTS)

1. Identify the parts of the brain affected by trauma.
2. Identify signs and symptoms of compassion fatigue and vicarious trauma
3. Identify healthy coping strategies to prevent or decrease the negative effects of compassion fatigue and vicarious trauma

## SCHEDULE

Top of the Market | 32 Webster Street | Dayton, OH 45402

### MARCH 11, 2015

<i>Time</i>	<i>Activity</i>	<i>Presenter</i>
<b>8:00 – 8:30am</b>	Registration	
<b>8:30 – 9:30am</b>	Regulatory Myths versus Clinical Realities: End of Life Care	<b>William M. Vaughan, RN, BSN &amp; Rob Shulman R.Ph. FASCP CGP</b>
<b>9:30 – 10:30am</b>	Do's and Don'ts of Dementia	<b>Nancy Trimble, PhD, RN, ANP-BC, ACHNP</b>
<b>10:30 – 10:45am</b>	Break	
<b>10:45 – 11:45am</b>	Nutrition and Hydration Concerns at the End-of-Life	<b>Jan Tillinger, RN, BSN, CHPN</b>
<b>11:45 – 12:30pm</b>	Lunch	
<b>12:30 – 1:30pm</b>	"Final Hour" Conversation: What to Say and What Not to Say as Death Approaches	<b>Amy Mestemaker, MD</b>
<b>1:30 – 2:30pm</b>	From Hurting to Healing: Supporting the Bereaved	<b>Deb Holt, MS, LPCC-S</b>
<b>2:30 – 2:45pm</b>	Break	
<b>2:45 – 3:45pm</b>	Compassion Fatigue/Vicarious Trauma	<b>Mark Curtis, CNS, ACHPN</b>
<b>3:45 – 4:00pm</b>	Evaluations and CE Certificates	

## CONTINUING EDUCATION CREDITS

Full day attendance is required to receive Continuing Education Credits.

No partial CE credit will be awarded.

### NURSING

This activity has pending approval for 6.0 CEs by the Ohio Board of Nursing through the OBN Approver at Northwest State Community College Division of Nursing. Please feel free to contact Tara Taylor at Hospice of Dayton for updated information regarding the status of the CE application at 937-256-4490 Ext #1107.

### SOCIAL WORKERS

6.0 Clock Hours have been approved for Social Workers through the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Please feel free to contact Tara Taylor at Hospice of Dayton for updated information regarding the status of the CE application at 937-256-4490 Ext #1107.

### NURSING HOME ADMINISTRATORS

This activity has pending approval for 6.0 CE Hours through BELTSS - Board of Executives of Long-Term Services and Supports (formerly BENHA). Please feel free to contact Tara Taylor at Hospice of Dayton for updated information regarding the status of the CE application at 937-256-4490 Ext #1107.

## REGISTER

### REGISTRATION ONLINE

[www.hospiceofdayton.org/superior](http://www.hospiceofdayton.org/superior)

### REGISTRATION DEADLINE

March 6, 2015

### FEE

\$75

Fee includes 6.0 Continuing Education Credits, educational materials, continental breakfast, lunch buffet, and beverages throughout the day.

