



JOURNEY

A PUBLICATION FOR OUR FRIENDS | VOL. 3, ISSUE 2 | FALL 2013

Ready...Set...Go!

By Charles Dawes, Associate Director of Development

This year register online at www.hospiceofbwco.org.

Please accept this invitation to join us for our 5K event and to enjoy the activities that our volunteers have worked so hard to provide. We welcome all ages and families; be sure to tell your friends and post the details on your Facebook page.

The 5k Remembrance Run & Walk will take place on Saturday, September 28, at the scenic Smith Park in Middletown, Ohio. Key Sports



will be providing us with the official time clock, and Debbie Haas will provide our brief Zumba warm-up.

Hospice 5K Remembrance 2ND ANNUAL RUN WALK

HOSPICE OF BUTLER & WARREN COUNTIES



During the 5K the Cincinnati Reds will raffle two tickets to Great American Ball Park. The Kona Ice truck will provide you with your own custom shaved ice and donate 15% of its sales back to Hospice. Then the Fastrax Professional Skydiving Team will perform during our opening ceremony.

By signing up online, you can develop your own customized webpage that provides you with tools to raise money for Hospice of Butler & Warren Counties through Facebook and Twitter. To receive your Event t-shirt, register before September 13.

All proceeds benefit patients in Butler and Warren County. For additional information, please



contact Charles Dawes, at 513-422-0300 or cdawes@hospiceofbwco.org. See you September 28 at Smith Park! 

Sponsored by AT&T, Premier Health Partners and Meijer (Middletown)

Honor Bestowed

By Kent Anderson, President/CEO

The prestigious Circle of Life Citation of Honor award.

We are excited to share news of our recent recognition as recipient of a Circle of Life Citation of Honor from the American Hospital Association. This is a prestigious national award and our receiving this honor is only possible because of our extraordinary staff and the generous support of the communities we serve. This acknowledgment affirms our commitment to assisting our patients



Kent Anderson, President/CEO

in achieving the highest quality of life on their terms.

Hospice of Dayton and Hospice of Butler & Warren Counties has a legacy of providing superior care and superior service. Our pursuit of innovative care options stems from this tradition. As our healthcare environment changes, we are focusing more of our attention to concurrent

care, seeking to touch and impact the lives of patients to assure that individual choice and quality of life can be central to the plan of care conversation, earlier in the process.

We owe our patients and families our very best efforts because our mission has received unwavering support from the communities we serve. In return, we pledge to continue to seek the highest standards of care and find more ways to be an invaluable resource for the communities that count on us.

We find our real reward and honor in the knowledge that our efforts every day make a difference in the lives of the patients and families for whom we provide care. 🌿



Brenda C. Humfleet, President Hospice of Dayton Foundation

Life is a Journey, Not a Guided Tour

By Brenda C. Humfleet, President Hospice of Dayton Foundation

Our life's journey is filled with good times, sad times, lessons learned and many memories.

In less than one year, I experienced the loss of my husband and my mother. I was unprepared for the range of emotions I would experience as I worked my way through what I considered to be the darkest, loneliest path I had ever walked.

I learned that life is not a guided tour; however, my faith in God, family and friends and the resources available through our grief support program, Pathways of Hope, helped me re-balance my life expectations and move forward with purpose.

Realistically, we know that nothing stays the same. Indeed, life's journey is not a guided tour. Our lives are filled with change. Change is sometimes celebrated and sometimes regretted, but regardless of how we feel about it, change happens and we must keep moving forward. Even in death, we are moving.

The quality of our life journey is not measured by how long we live. I think, the measure of a life well-lived is one where we take the time to be truly present for whatever comes our way and to strive to make the best of it.

Making the best of it for me includes loving and appreciating my family and friends – those living and dead. It includes trying to make it better for someone else – whether I know them or not.

Making a gift in support of patient care at Hospice of Butler & Warren Counties is one way I make it better for someone else. I encourage you to make it better for those nearing the end of their life journey. It is as simple as writing a check and mailing it to us; using our website, www.hospiceofbwco.org to make an online donation; or remembering to include Hospice of Butler & Warren Counties in your estate plans. Continue your journey! 🌿

Camp Joy...a Joyous Retreat

By Lisa Balster, Director of Patient and Family Support Services, Hospice of Dayton

We have fun together, along with learning that life is always filled with a mixture of joy and sorrow.



3. Teach basic coping skills around strong feelings and difficult days
4. Have fun together, understanding that life is always filled with a mixture of joy and sorrow

Each camper has an adult “buddy” who is prepared and qualified to walk with the camper for the weekend. The children are grouped by age, traveling together as they make rounds to a variety of activities. Canoeing, sports, and swimming are interwoven with therapeutic activities such as creating a special song about feelings with the Music Therapist, Caitlin Nicholas, having group sharing time, and creating an art project from a broken flower pot. The work of pasting the pot back together, then painting it, serves as a lesson in putting one’s life back together, creating something new that has function and beauty for the present.

Summer has come and gone, but the memories live on. The 21st annual Camp Pathways for grieving children was held the weekend of June 21st. Fifty seven campers, ages 7–17, along with many Pathways of Hope staff and volunteers, headed to Camp Joy in Fort Ancient, Ohio to spend some quality time together. The weekend is planned all year by the Pathways of Hope Art Therapist, Jonathan Haag, and the Pathways staff.

The goals of the camp are to:

1. Communicate to children that they are not alone in their loss and that grief is common to us all as human beings
2. Allow safe sharing of feelings around the loss



Campfires are a pinnacle of this weekend, with skits and songs provided by three brothers who were small campers at Camp Pathways 20 years ago! There are several adults whose mission it is to serve this special camp, several were introduced to the Pathways mission when they were grieving the loss of a loved one. To see the past generation grow up, heal, and pass love and care on to the next generation is one of the most profound and satisfying aspects of our work.



The Hospice of Dayton Foundation enables Camp Pathways to continue to be offered to our eight counties served. The Pathways of Hope staff believes that this effort has significant impact on the individuals served, and we take great pride and delight in providing this quality offering to the children and teens in our community. 🌿



In Memory of Our Loved Ones

Appreciation for the service of Hospice of Butler & Warren Counties

Each year we give family members an opportunity to honor or memorialize loved ones by participating in our Memorial Day mailing. Listed on the following pages are these special remembrances. Loved ones being recognized are printed in green with the names of those who are honoring/memorializing them appearing below in black.

Anna Maria
Bill E. Bailey
Laurel Bailey
Wally Baldwin
Betty Baldwin
Mary Lou Barker
John E. Barker
Edgar Bledsoe
Bob & Erma Link
Ruth & Hugh Cramer
Janie Voehringer
Thomas DeHart
Dave & Cheri McDaniel
Violet DeHart
Dave & Cheri McDaniel
Thelma Estelle
Gwen Frierson
Lottie Farrish
Ron & Shirley Hunter
Naomi Fights
Mr. & Mrs. Lee Howard
Marion O. Fitch
Lillian S. Fitch
DeWayne Forman
Victor E. Frisby
Lois T. Frisby
John T. Garry
Rosemary Garry

Ed Gifford
Betty & Gene Highlander
Judy Groff
Paul Groff
William R. (Billy) Gullett
Anna & Archie Gullett
Merlene Hammel
Betty & Gene Highlander
Jo Ann Helfrich
Joe & Stephanie Helfrich
Dottie Hobstetter
Mollie Wentworth
Doris Johnson
Forrest Johnson
Ralph M. Landis
Ruby P. Landis
Orpha Lou Lansing
Mary Ahrmann &
Roy Thomas
Janice E. Larocco
Tony Larocco
Karen Lemon
David B. Lemon
Joseph E. Litz, III
Micki Lytle
Martha Martin
Robert David Mahaffey
Linda Kaye Mahaffey

Dean McDaniel
Dave & Cheri McDaniel
Robert E. McMullen
Shawn O'Rourke
Judy O'Rourke/
Mike O'Rourke
Mary Porteous
VanSickle Family
Maggie Porter
Robert E. Kash
Sarah W. Powers
Tim & Karen Powers
William H. Powers
Tim & Karen Powers
Dorothy Profitt
Marilyn Stacy
James W. Rammel
Dale A. Rammel
Mildred T. Rammel
Dale A. Rammel
Virginia L. Reece
George Reece
Robert Seibert
Nancy Seibert
L. David Shelton
JoAnn Shelton
Ric & Tia
Kyle & Sydney

Joshua Shockley
Beverly Corder
Kitty Snowden
Rick Snowden
Mary C. Uhl
Sharon I. Smith
Donald & Alpha Wenzel
Beverly Corder
Ida B. Woody
Gib Woody



Blankets of Love reaches Milestone of 10,000 Blankets

By Miriam Morrison, Director of Volunteer Services

Blankets of Love volunteers are passionate about their mission.

Inch by inch, row by row, the Blankets of Love group watched their knitting and crocheting grow from one blanket seven years ago to 10,000 blankets for patients year to date!



Judi Green

In 2006, Judi Green knitted a special blanket in memory of a loved one and donated it to Hospice of Dayton to be given to a patient. Shortly

after that another person said she could knit one, and they could donate two the next time. Before long they had over 20 members, women, men, and a teenager. They designed a marketing brochure called Blankets of Love with the goal “to bring love, comfort, and peace to those in need.”

Twice a week they meet at Tim Horton’s in Fairborn, where they bring their finished blankets and knit and crochet as they enjoy the fellowship. Once a month they bring around 150 blankets for distribution at the Hospice Houses. Each blanket takes an average of 10 hours to create, many with original designs with various colors of yarn.

Judi and the group choose color themes for each month. One of their most spectacular creations is the American flag blanket, which was given to the Hospice of Dayton and Hospice of Butler & Warren Counties patients who went on the Honor Flight to Washington, DC. The patients and everyone on the flight were in awe of this wonderful gift that warms the patient for the trip and long after this special flight.

A poignant letter came from a dying patient, “When I was introduced to my room at the Hospice House, I was, like others, frightened and unsure. Your soft shawl, done with such love and personal care, reached out to welcome me. The time has come for me to move along now, but I’m using your shawl as a way to keep a door open for the next traveler. I’ve learned of a woman who does much

for others, while struggling on her own daily basis. My hope for her is that the shawl gives her beauty and dignity so richly deserved, while the warmth will drape her shoulders through days and nights. Thank you for the circle of love.” – A fellow traveler.

Judi Green and the Blankets of Love group exemplify the essence of volunteering with hearts that beat love and fingers that knit and crochet warmth and care.

As a result of the Blankets of Love mission, Hospice of Dayton and Hospice of Butler & Warren Counties has been the recipient of \$23,608 and many thank you notes. Their letters show how a simple blanket touches lives. As the Blankets of Love brochure states, “In the rhythm of the needles, there is music for the soul.”



Connie Gover



Lebanon Farmer Designates \$2,500 to Hospice of Butler & Warren Counties!

By Charles Dawes, Associate Director of Development



Mr. Daniel Proeschel presents the \$2,500 check to Hospice of Butler & Warren Counties.

Thank you Mr. Daniel Proeschel for designating \$2,500 to Hospice of Butler & Warren Counties as the recipient of the Monsanto Fund's America's Farmers Grow Communities Program. Since 2010, farmers have received 1,271 awards to strengthen nonprofit organizations within their farming communities. Mr. Proeschel was the selected recipient for Warren County in 2013.

Hospice recognizes Mr. Proeschel for his outstanding generosity, and we are grateful for his desire to ensure that his community receives the best possible hospice care. 🌱

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 Hospice of Dayton and Hospice
 of Butler & Warren Counties have served
 more than 109,000 families. Send
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 Lori Poelking-Igel, Director, Leadership
 Giving. If you would like to be removed
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 us at 513-422-0300 or visit
www.hospiceofbwco.org and
 choose the newsletter link and follow
 instructions for removal.

Journey is published semi-annually
 for patients, families, staff members
 and friends of the Hospice of
 Butler & Warren Counties.