



## 2012 Style Show & Luncheon...

By Amanda Burks, Director, Community Outreach & Special Events

Mark your calendars for Hospice of Dayton's Annual Style Show & Luncheon. Last year's event was a huge success with nearly 400 in attendance!

Sponsored by: Premier Health Partners, Vectren, Levin Family Foundation  
Dessert Sponsor: CareSource

This year, we anticipate even greater success as we present *'The Jungle of Life' Style Show and Luncheon* on Friday, September 21, 2012 at The Ponitz Center at Sinclair Community College from 11:00 a.m. to 1:00 p.m.

Event highlights include a silent auction, a "wild" style show featuring fashions from Bello One, Pieces of Style, The Secret Ingredient and Joli Boutique, a raffle featuring unique items and experiences, and guest emcee Marsha Bonhart.

Tickets are \$70 per person and registration deadline is September 14, 2012. Tickets may be purchased online at [www.hospiceofdayton.org](http://www.hospiceofdayton.org), or by contacting Marsha Bernard at [mbernard@hospiceofdayton.org](mailto:mbernard@hospiceofdayton.org) or 937-258-5537. All proceeds of this event benefit those facing end-of-life challenges.

Sponsorship opportunities are available. For information on how you or your company can support this event, please contact Director, Community Outreach & Special Events Amanda Burks at 937-258-5537 or email her at [aburks@hospiceofdayton.org](mailto:aburks@hospiceofdayton.org).

## Community Care Station Opens...

By Vicky Forrest, Director of Mission & Public Information

As Hospice of Dayton has grown to serve more patients than ever before, the organization is expanding its footprint to better serve the communities of the Miami Valley.



Idotha Bootsie Neal, Lindsay Johnson, Hospice CEO, Kent Anderson and Gary Leroy, MD.

The dedication and opening of a new Community Care Station in the Wright Dunbar neighborhood of Dayton was celebrated on April 25, 2012. According to President/CEO Kent Anderson "Our Community Care Stations create a more convenient and accessible point in the community for staff members who are serving patients. Staff members can spend more time at the patient bedside because they are required to travel less. Providing easier access to all our services is in keeping with our mission to provide superior care and superior services to the patients and families we are privileged to serve."

The new Community Care Station is located at 1137 West Third Street, Suite 200. In addition to providing meeting and office space and supply storage for staff members, the site also has meeting space available for community use. According to Anderson, "In addition to creating a more convenient and accessible location for staff members, the Community Care Stations also serve another important function for our mission. They enable us to be present in the communities we serve by creating greater accessibility for our volunteer training, grief support programs and for community meetings."

Hospice of Dayton began offering services in 1978, as the Miami Valley's first not-for-profit hospice care provider. Currently Hospice of Dayton serves over 4,000 patients annually and employs nearly 700 staff members. Patients are provided care in their own homes, in extended care and assisted living facilities, area hospitals and in two Hospice Houses. Over 600 volunteers support patient care efforts in an eight county service area.



Uplifted by local artist, Todd Malenke, in the Memory Garden.

As I work to settle my husband's estate, I am reminded of one of his good intentions: leaving a bequest to benefit patient care and services at Hospice of Dayton. Unfortunately he died without fulfilling that noble intention. In honor of his memory and because I witnessed firsthand what happens in the last weeks of a terminally ill person's life, Hospice of Dayton is included in the codicil to my Will.

We hope you will consider a heartfelt action to include Hospice of Dayton in your estate plans. Our new Hospice of Dayton Legacy Circle honors individuals and couples who have listed Hospice of Dayton as a beneficiary in their estate plans, such as a Will, Trust, Retirement Account (IRA) or insurance policy.

Since these gifts are realized after your lifetime, our Legacy Circle was created to thank donors for their future gift. Membership in the Legacy Circle is based solely on the desire to leave something to benefit Hospice of Dayton. No minimum amount or

## Actions Mean More...

By Brenda Humfleet, President, Hospice of Dayton Foundation and Vice President, Hospice of Dayton, Inc.

We live in such a fast-paced world that more often than not our good intentions go unfulfilled. My grandmother used to say, "Actions speak louder than words." I'd like to add my own postscript to that: Actions mean more than good intentions.

Please email me: [bhumfleet@hospiceofdayton.org](mailto:bhumfleet@hospiceofdayton.org). or phone me: 937-258-4924 and let me know that you have included Hospice of Dayton in your estate plans. Thank you.

formal documentation of your future estate gift is required. However, if you would like to provide this documentation, please be assured that it will be kept in a confidential place.



### Useful Language to Use when Making a Bequest

"I give the sum of \_\_\_\_\_ dollars (or you may say "all" or "a specific percentage of the residuary of your estate") to Hospice of Dayton, 324 Wilmington Avenue, Dayton, Ohio, 45420; non-profit tax identification #31-0933339, to be used for such purposes as the governing body thereof shall deem appropriate."

You may make a bequest to Hospice of Dayton by preparing a new Will or by adding a codicil to your present Will. To be certain that your exact wishes are carried out, Wills and codicils to Wills should be prepared by or with the advice of an attorney.



When Addison learned her Great Aunt Deb was suffering from ovarian cancer she decided to take action to fight the disease. She founded the Ovarian Cancer Club, involving her classmates in the battle. Her older sister, Emma, is also engaged in the effort. Together they create artwork and hair bows to sell, host lemonade stands and collect money from chores to donate to two charities - the Cancer Support Community of Western Ohio and Hospice of Dayton. Addison's teacher found out about the club when she found a club business card on the floor at school. She knew either Addison or another girl in her class had to be involved because "there are only two kids in the class who can spell 'ovarian' correctly," she told Addison's mother. In the past year, Club members have donated over \$100, and their campaign is still developing. "We are thinking about



## Hope and Understanding...

By Vicky Forrest, Director of Mission & Public Information

Addison wants to grow up to be a scientist. Her odds of succeeding are high because at age 8 she is already a successful entrepreneur and charitable fundraiser.

Donations in Addison's name can be made to Hospice of Dayton online at [www.hospiceofdayton.org](http://www.hospiceofdayton.org).

making paperweights and decorating pens to sell," Addison says of future plans. While family and friends are currently her biggest customers, it's obvious she has an eye on sustainable growth and multiple streams of income to ensure continued success.

Addison was too young to understand when her Great Aunt Deb was first diagnosed with ovarian cancer. "When I first understood, that's when we started the club," she explains. "We always visited my Aunt Deb to decorate her tree. She said she liked having it up, so we changed the decorations from Christmas to Easter so she didn't have to take it down." Addison's donation to Hospice of Dayton came accompanied by a letter and drawing of her Aunt Deb and her Great Grandmother, both of whom had been cared for by Hospice of Dayton. "Dear Hospice," she wrote,

"Please take this money for donation. Please help people. Thank you for taking care of my Great Aunt Deb. And thank you for taking care of my Great Granny Penny. I really miss them."

Addison thinks it is important that the dollars she and her friends raise are used to help ovarian cancer and hospice patients locally. Eventually she wants to make an even bigger contribution to the fight against ovarian cancer. "When I found out scientists work to find ways to cure cancer, I decided that's what I want to be when I grow up," she explains. During her last week in second grade, however, she is concerned about an upcoming subtraction test. She is probably better at addition since she has more experience in adding up the dollars she had raised for her favorite charities.

### UPCOMING 2012 EVENTS

USAF Marathon - Saturday, September 15 • Bowl for Hospice of Dayton - Sunday, October 7  
5 K Remembrance Walk - Saturday, November 3

### INSIDE ARTICLES

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Kent Anderson, President/CEO

## 35 Years of Service...

By Kent Anderson, President/CEO

We are grateful for the commitment each and every one of our staff and volunteers brings to our mission each day.

**Hospice** of Dayton is celebrating thirty-five years of service to Miami Valley communities this year. As Dayton's first and only not-for-profit hospice, our founders envisioned championing patient choice, emphasizing quality of life and caring for families as well as patients. This is a legacy we are honored to continue.

In contrast to the limited staff and resources of 1978, our mission of celebrating the lives of patients and families now extends to more than 4,000 patients annually, with nearly 700 staff members and more than 600 volunteers sharing responsibility for serving patient and family needs. But by far, our greatest treasure is

the community support that has inspired and sustained our mission over the past thirty-five years and continues to enable us to provide the superior care and services that are synonymous with our mission. We thank you for all you do to support the mission and vision that Hospice of Dayton provides. 🌱

## And Then Some...

By Brenda Humfleet, President, Hospice of Dayton Foundation and Vice President, Hospice of Dayton, Inc.

Top people always do what is expected...and then some. I am thankful for people like this, for they make the world a better place. Their spirit of service is summed up in these three little words...and then some.



Brenda Humfleet, President, Hospice of Dayton Foundation and Vice President, Hospice of Dayton, Inc.

**At** Hospice of Dayton and Hospice of Butler and Warren Counties, we provide everything that is expected of us (as defined in the Medicare Hospice regulations)...and then some.

- We offer music, light, massage, pet and occupational therapies...and then some – including our new animated seal companion therapy.
- We offer more degreed, experienced grief support counselors than any other hospice program...and then some – including grief education and support at area schools and our annual children's camp for grief support. More than 30% of those who utilize our grief support services were suffering from the sudden loss of a loved one who was never in our hospice program.
- We employ full-time hospice and palliative care-certified physicians...and then some – including a cadre of community-based physicians who serve as medical resources for our patients.
- We honor our country's Veterans...and then some – we have earned the highest accreditation available for our Veteran's Pride Program which includes but is not limited to pinning ceremonies to acknowledge and honor their years of service to our country.
- We provide services to anyone who needs them, regardless of ability to pay...and then some – including paying for utilities, rent and groceries for those patients whose financial resources were exhausted prior to becoming our patient, as part of our commitment to quality of life for everyone in our care.

You, too, may want to help us make a difference in the lives of each person we serve. Thank you for giving consideration to including Hospice of Dayton in your estate plans. Your bequest will make it possible for us to continue celebrating the lives of others while providing superior care and services right here in our community. 🌱



Kandi Howard

## Volunteers for Hospice Care...

By Miriam Morrison, Director of Volunteer Services

Volunteers make a difference every day in 34 different areas at Hospice in which they serve. They are the Impressions of Love we honored during National Volunteer Week. They are part of the 458,000 National hospice volunteers who provide more than 21 million hours of service to hospice programs around the United States.



Charles Douglas



Jay Morrison and Matt Kelly

One of the important parts of this legislation was the creation of the most compassionate corps of trained volunteers seen anywhere in the healthcare community. Under Medicare, it is federally mandated that five percent of all patient care hours be provided by trained volunteers.

As we know, at Hospice of Dayton volunteers are more than a regulatory requirement; they are an integral part of the Plan of Care for our patients. Volunteers have provided valuable resources to Hospice since we were founded by a group of caring health-

care and community professionals 34 years ago. In 2011, more than 600 volunteers served 61,124 hours for 8.4% patient care. They completed 17,128 requests for care and were worth \$1.3 million in services.

Hospice of Dayton has the privilege of giving superior care and services in eight counties to over 700 patients a day in homes, extended care and assisted living facilities, and our two Hospice Houses in Dayton and Franklin, OH. In 2011, we served 4,000 patients and made a difference in the lives of 20,000 family members. 🌱

## A Heartfelt Dedication of Gifts...

By April Brown, Content and Publication Specialist

**The** new gift shop has been dedicated in honor of the late Deb Monnin, whose dedicated service to patients and families was a blessing. Deb served as a committed member of the Hospice House nursing staff for over fifteen years. She lost a valiant battle with cancer in 2007. "We are pleased to honor Deb's memory with the dedication and opening of Heartfelt Gifts," President and CEO Kent Anderson observed during dedication ceremonies. "Her legacy of devoted service continues to inspire. This shop, designed to serve patients, families and visitors to our facility, is a fitting memorial to Deb as it reflects the commitment to hospitality and service she displayed every day."

The shop is open Thursdays through Sundays from noon to 6:30 pm and is located directly across from the entry to Pathways of Hope on the lower level of Hospice of Dayton. 🌱



## Art Therapy... "Pathway to Hope"

By Bernadine Parks, MS, PCC-S Director, Pathways of Hope

Words or language often fail as a means to adequately express the range and depth of emotions and thoughts precipitated by significant and life-altering loss.

*Thanks to the generous support of community donors, art therapy services through Pathways of Hope will be expanding in the coming months.*

**At** Hospice of Dayton, we recognize that art can provide a powerful alternative to more traditional counseling methods, which rely heavily on verbal communication skills. The practice of creating and reflecting on the art process and product can provide meaningful opportunities for self-expression and insights difficult to achieve through traditional talk therapy. "Artistic talent" is not required; by working with a professional Art Therapist anxieties about "talent" quickly dissipate as participants become engrossed in their own creative process. Collage, drawing, photography, computer-assisted technology, painting and crafting activities are but a few of the resources typically utilized by the Art Therapist.

At the Pathways of Hope grief center, art therapy is frequently used to complement individual grief counseling sessions. Services are provided by a master's prepared, board certified Art Therapist, Jonathan Haag, who also is a Licensed Independent Social Worker. He has found art making to be a powerful resource for not only children and teens, who may not have the vocabulary to express their feelings and experiences in words or are often uncomfortable talking about their grief, but with adults as well. According to Jonathan, art activities can provide a "window to the soul" and can enhance self awareness and coping. For parents struggling to support grieving children, art therapy can provide them with helpful insights. 🌱



## American Pride Veteran Care...

By April Brown, Content and Publication Specialist

*Honoring veterans for their service to our country, American Pride Veteran Care by Hospice of Dayton is pleased to recognize Thelma Shellhouse for advancing the universal hope of freedom and liberty for all.*

**Thelma** Shellhouse, a timeless beauty, full of poise and strength, served as one of this country's WWII Navy WAVES (Women Accepted for Volunteer Emergency Service). Sixty-seven years later at age 93, Thelma remembers those times of risk and uncertainty as if they were yesterday.

"I wanted to enlist immediately, but my mother was a widow and I didn't want to leave her," Thelma recalls. "When she died following a complicated surgery, I decided that there was nothing keeping me here anymore." Enlisting at age 24, Thelma worked in the Brooklyn Navy Yard. "Mine was a very dangerous assignment. Ships, after having been blown up overseas, would come back into the yard full of holes. Once repaired, it was my job to go on-board the ship and give the commanding officer orders to sail back out into the Atlantic. Enemy submarines would often come very close to our shores, spying. So when I went to the ships, they would always transport me in different vehicles so that the enemy could not detect who I was or what I was doing." During this time, racial segregation was common. Thelma remembers a young African-American soldier who was a wonderful friend. "Neighborhoods around the Brooklyn Navy Yard were terribly dangerous. My friend would come every morning and escort me to work. One day an officer reprimanded me for 'fraternizing' with him. I said, 'It's dark when we come to work; I am afraid to walk alone.' The officer simply looked at me and said, 'It better not happen again!' From then on, my friend would walk six feet in front or behind me to ensure that I was safe."

Now the only surviving member of her group of Navy friends, Thelma recently finished writing her memoirs. "I like to think of myself as still very independent. I am so thankful I am able to take care of myself and retain all of my memories." 🌱



Hospice of Dayton Journey is published quarterly for patients, families, staff members and friends of the Hospice of Dayton, Inc.

Kent Anderson, President/CEO  
Brenda Humfleet, President Hospice of Dayton Foundation

Founded in 1978, Hospice of Dayton had served more than 100,000 families. Send suggestions and comments to Lori Poelking-Igel, Director, Leadership Giving. If you would like to be removed from our mailing list, please call us at 937-258-5537 or visit [www.hospiceofdayton.org](http://www.hospiceofdayton.org) and choose the newsletter link and follow instructions for removal.



Hospice of Dayton meets the Better Business Bureau of Dayton/Miami Valley Charity Standards.

[www.hospiceofdayton.org](http://www.hospiceofdayton.org)



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