

# Clinical Care Report





### Mission



This is the fourth year of our clinical publication, and finding the right words to thank our staff is important. How do I describe an incredible clinical team? Words such as courage, strength, presence, compassion, care, empathy, passion and reverence fill my mind. But then, like so many times in my life at hospice, I am given a gift. The gift is a family member who returned after two years to express thanks and gratitude for our clinical care. Listening to her story of thanks she said the right words to me: "When doing what they think is ordinary it becomes the extraordinary." Our staff is extraordinary in the lives of our patients and families. I am truly honored and privileged to serve with you.

Many thanks and blessings,

Mary Murphy, RN, MS, AOCN, ACHPN Chief Nursing Officer



The daily work of our clinical team is invaluable to our organization; it is the heart that brings life to our care and services and enables us to carry out our mission every day. I am constantly amazed by their talent and dedication. Our clinical teammates seek continuous personal and professional improvement through education, certification, teaching, research, collaboration, and volunteerism. I am proud to serve such an incredible organization and honored to work alongside each and every member of our team!

Ruth Thomson, DO, FACOI, FAAHPM, HMDC Chief Medical Officer

# Mission



The respect, gratitude and honor I feel working with our exceptional clinical staff is profound. Their commitment to providing care with compassion, tirelessly putting patients and families first, and advancing ever-higher standards of professional achievement is unsurpassed. I am humbled by the love and tenderness they bring to their labor, and am so, so proud, to serve with them in the realization of our mission.

Kindly, Kent Anderson, CEO, FACHE

# **Clinical Achievements**



## **Achievements**



A hallmark of our care is our commitment to high quality standards.

- Professional excellence:
   95% of our APNs, RNs, LPNs and PCSs with two or more years of service with our organization certified in Hospice and Palliative Care
- Deemed Accreditation from The Joint Commission
- National Institute for Jewish Hospice Accreditation

### In 2014, our staff provided

- 152,604 visits from registered nurses
- 17,182 visits from licensed practical nurses
- 4,460 visits from advance nurse practitioners
- 138,149 visits from personal care specialists
- 9,863 visits from physicians
- 2,939 visits form licensed massage therapists
- 12,045 visits from chaplains
- 12,414 visits from social workers
- 1,172 visits from music therapists

### Our volunteers provided

- 65,531 volunteer hours
- 18,138 direct patient care hours (28% of all volunteer hours)
- A savings of \$1,356,160
- 451 pinning ceremonies for Veterans

## Our Pathways of Hope Grief Services provided support to

- 13,400 people
- 1,300 children and teens
- 12,100 adults
- 2,500 people thorough 70 community education programs

# **Clinical Honors**







Cynthia Conover



Cleanne Cass



Chirag Patel



Mary Murphy



Sharon Metcalf

Nancy Trimble, PhD, RN, CNP, ACHNP, Honorable Recognition, Midwest Care Alliance Professional of the Year Award

**Cynthia Conover**, RN, CHPN, honored with Wright State University Miami Valley School of Nursing Cameo of Caring Award

Cleanne Cass, DO, FAAFP, FAAHPM, CAQ Geriatrics, Distinguished Service Award in Family Practice from the American College of Osteopathic Family Physicians

**Chirag Patel**, MD, Outstanding Faculty (Specialist), Ohio University Heritage College of Osteopathic Medicine

Mary Murphy, RN, MS, AOCN, ACHPN, inducted to Wright State University Nursing Wall of Fame

Sharon Metcalf, Manager of Social Workers, awarded Advanced Hospice and Palliative Care Certification for social workers, the first social worker at Hospice of Dayton to earn this distinction. The ACHP-SW was added in 2009 with the support and partnership of the National Hospice and Palliative Care Organization.

# **Bouquet of Recognition Awards**



**DAISY Award Winners** 



**SUNFLOWER Award Winners** 



**TULIP Award Winners** 



**CARNATION Award Winners** 

DAISY Elle Bowman

Christina Lawrence

Ashley Mills

Lauren Massey

Donna Wilson

Chelsea Harris

(Those highlighted are pictured)

### **SUNFLOWER**

Melinda Tobin

Benjamin Yu

Theresa Blankenship

Sabina Madrid

Jennifer LaRochelle

TULIP

Bonnie Orlins

Julie Upchurch

Holly Liming

John Love

Jo Monroe

(Those highlighted are pictured)

### **CARNATION**

Karen Schindler Bob Tangeman

Peggy Benysek

Lynda Anello



Ruth Thomson, DO, FACOI, FAAHPM, HMDC, Dr. Cleanne Cass, DO, FAAFP, FAAHPM, CAQ Geriatrics, Dr. Elizabeth Durkin, M.D., Rebecca Bledsoe, PharmD, "Universal Precautions": An Innovative and Effective Approach to Drug Misuse and Diversion in Hospice, NHPCO Clinical Team Conference, Nashville

Mary Murphy, RN, MS, ACHPN, AOCN, Terri Gross, RN, CHPN, Changing the Mantra from Complaint to Hospitality, NHPCO Clinical Team Conference, Nashville

Mary Murphy, RN, MS, AOCN, ACHPN, Terri Gross, RN, CHPN, Changing the Mantra from Complaint to Hospitality, Midwest Care Alliance Conference, Columbus

Nancy Trimble, PhD, RN, CNP, ACHNP and Wendy Schmitz, MD, *Is There a Better Predictor of Death for Dementia Patients than the FAST?* Midwest Care Alliance Conference, Columbus

Lisa Balster, MA, LSW, MBA, *Decision Making Capacity:*Assessment Skills for PC/Hospice Professional, Midwest Care
Alliance Conference, Columbus

Ruth Thomson, DO, FACOI, FAAHPM, HMDC, *The Final Act of Caring: Case Studies in Death Certificate Completion*, Midwest Care Alliance Conference, Columbus

Ruth Thomson, DO, FACOI, FAAHPM, HMDC and Susan Boesch, RN, BA, OCN, CHPN, *To Feed or Not to Feed? Nutrition & Hydration Considerations*, Midwest Care Alliance Conference, Columbus

Kim Vesey, RN, CHPN, MS, Forgiveness: Its Healing Power at End of Life, Midwest Care Alliance Conference, Columbus

Kim Vesey, RN, CHPN, MS, *Hospice Care: Learning the Challenges of Walking the Talk*, Midwest Care Alliance Conference, Columbus

Chirag Patel, MD, Mark Curtis, PMHCNS-BC, ACHPN, LMT, and Jackie Matthews, RN, MS, AOCN, APRN-CNS, *Are We Ready?*A Crosswalk for Palliative Care in a Mass Casualty Event, Midwest Care Alliance Conference, Columbus

Yvonne Turner, RN, MS, CNS, *Quality of Life Team: Meeting the Needs of Our Patients & Families*, Lunch & Learn Teleconference Seminar, Midwest Center for Home, Hospice & Palliative Care Education and HospiScript Services

Michelle Hobbs, RN and Robin Medrano, RN, *Innovative Strategies* for Wound Care at the End of Life, Midwest Care Alliance Conference, Columbus

Bonnie Orlins, MSW, LISW-S, Susan Boesch, RN, BA, OCN, CHPN, and Brenda Wolfe, MSLPCC-S, NCC, *Blended Families: Medical and Psychosocial Siblings*, NHPCO Clinical Team Conference, Nashville

Pam Lamb, CNS, and Holly Long, CNS, *Identifying Palliative Care Needs in the Emergency Department*, Poster Presentation, Ohio Emergency Nurses Association, Columbus

Jackie Matthews, RN, MS, AOCN, APRN-CNS, Conversations in Palliative Care, Kettering Oncology Nurse Residents, Kettering

Jackie Matthews, RN, MS, AOCN, APRN-CNS, Follow the Yellow Brick Road: The Brains, the Heart, and the Courage in the Provision of Exceptional Palliative Care, Kettering Medical Center Nursing Education, Kettering

Chirag Patel, MD, and Jackie Matthews, RN, MS, AOCN, APRN-CNS, *The Role of Palliative Medicine in Standard Oncology Care: Case Reviews*, Kettering Medical Center Tumor Board, Kettering

Chirag Patel, MD, Premier Health Care Champions of Hope Survivor Honoree Award presentation, Sponsored by Innovative Care Solutions, Dayton

Chirag Patel, MD and Jackie Matthews, RN, MS, AOCN, APRN-CNS, *Introduction to Palliative Care*, Providence Medical Group, Dayton

Mark Curtis, PMHCNS-BC, ACHPN, LMT, Chronic Fatigue/Vicarious Trauma, Good Samaritan Cancer Support Group, Good Samaritan North Health Center, Dayton

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Chronic Fatigue/Vicarious Trauma*, Hospice and Palliative Nurses Association, West Chester Hospital, West Chester

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *The Basics of Palliative Care*, Wright State University-Miami Valley College of Nursing & Health, Graduate Nursing Students, Dayton

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Chronic Fatigue/Vicarious Trauma*, HospiScript Teleconference Lunch and Learn Series

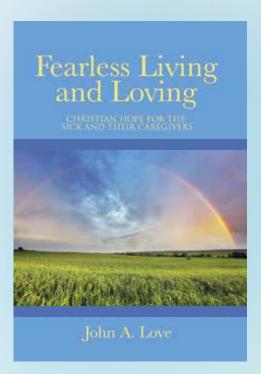
Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Understanding Advance Directives*, Fairhaven Church Men's Group, Kettering

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Crucial Conversations*, Premier Health Semiannual Health Symposium. Dayton

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Chronic Fatigue/Vicarious Trauma*, Center for Disaster Mental Health Annual Symposium, Dayton

Mark Curtis, PMHCNS-BC, ACHPN, LMT, *Provision of Palliative Care in a Mass Casualty Event*, Metropolitan Medical Response System/Regional Medical Response System Annual Conference, Dayton

### **Publications**



Fearless Living and Loving: Christian Hope for the Sick and Their Caregivers, Chaplain John Love, Westbow Press

Ruth Thomson, DO FACOI, FAAHPM, HMDC, Mary Murphy, RN MS, AOCN, ACHPN, and Becky Collins, RN, BSN, OCN, CHPN, *Profiles in Innovation: Hospice of Dayton Focused Care*, American Academy of Hospice and Palliative Care, June 2014



#### Hospice of Dayton Focused Care

Improving care through disease-specific symptom management

In 2005, Hospice of Dayton sought to move beyond the model of hospice care that grew out of the cancer-centric patient population that had long comprised most of their patients. They listened to their partners, looked at their patients, and realized that a world of potential benefit could be achieved—by varying how hospice care is delivered based on the different needs presented by different diseases. They set out to create the capacity to give a high-quality hospice experience to a broader set of seriously ill individuals. The result was Focused Care, a program where patients with cancer, cardiac or pulmonary conditions receive treatments specifically tailored to their disease-specific symptoms. AAHPM discussed the program with Hospice of Dayton's Chief Medical Officer, Academy member Ruth Thomson, DO FACOI FAAHPM; Chief Nursing and Care Officer Mary Murphy, RN MS AOCN ACHPN; and Pulmonary and Oncology Focused Care Nurse Becky Collins, RN BSN OCN CHPN.



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Becky, Collin RN, BSN, OCN, C

#### What is innovative about your program

RT: We haven't innovated by creating a new program. Focused Care is actually provided under our licensed hospice program, so it's not outside of the hospice purview. Instead, we've innovated by taking a different approach to what hospice care consists of, offering more specific, tailored treatment with more aggressive palliative care alongside traditional hospice services. Most hospice programs will not admit patients on chemotherapy, radiation therapy, cardiac infusions or bilevel positive airway pressure (BiPAP) support, but we are different in that we try to meet the needs of a broader group of patients.

MM: When we started Focused Care in 2005, it was to go beyond the cookie cutter approach to care. When we would previously have a cardiac patient, we wouldn't weigh them daily, we'd let them eat what they want, etc., because it was the "hospice way." We weren't speaking the language of the cardiologist or pulmonologist, so we set out to build staff expertise in those areas so we could show the medical providers that we could care for their patients. We educated our staff by having them all attend disease management classes, provided them with literature, and brought on new support staff with experience in those areas.

#### How did Hospice of Dayton's administration react to the Focused Care concept?

MM: The initial concept for the program grew out of a review of our referral sources and their feedback into our processes. We had oncologists, cardiologists and pulmonologists who challenged us on our ability to care

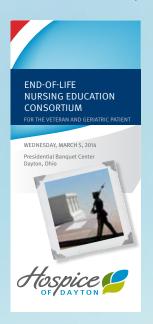
ampm.org | PallatimDectors.org

# Education



# Education

# Clinical Education for the Community



ELNEC (End of Life Nursing Education Consortium)
Education for the Veteran and Geriatric Patient

More than 75 community healthcare providers attended Hospice of Dayton's End of Life Nursing Education Consortium on March 13, 2013, at the Presidential Banquet Center. The daylong event offered 6.0 continuing education credits for nurses, social workers and nursing home administrators. Presenters included Karen Schindler, RN, LMT, CHPN; Nancy Trimble, PhD, RN, CNP, ACHPN; Jan Tillinger, RN, BSN, CHPN; Adelle Kesler, RN, CHPN; and Kathy Smith, RN, MSN, CHPN.

## **HPNA Approved Educators**



Julie Wickline, Ashley Puchalski (not pictured), Jan Tillinger, Jessica Brown, and Adelle Kesler

Hospice of Dayton works with colleges and universities to provide clinical experience for students. In 2014, Hospice of Dayton provided approximately 1,060 student clinical experience hours and 2,677 hours of clinical experience for medical students, for a grand total of 3,737 hours.

# Education

### **Staff Education**





In 2014 our staff was presented with The Florence Challenge to be emotionally positive, self-empowered and fully engaged. The book *The Florence Prescription* inspired all of us to a renewed commitment to mission and service.

New staff orientation was provided to 147 new employees of Hospice of Dayton in 2014 and 23 new staff at Hospice of Miami County.

The Education and Staff Development Department in 2014 developed and presented quarterly a two-day CHPN Review Course for nurses preparing for a Hospice and Palliative Care Certification exam. Attendees earned 10.0 continuing education hours during this course.

- The one-day CHPNA Review Courses for PCSs was offered quarterly.
- 97% of nurses and PCSs who are eligible for certification have achieved this accomplishment.
- 88 staff members achieved initial certification or re-certification in 2014.
- In March and June, 100% of PCSs passed their exam.
- In September, 100% of nurses passed their exam.

## **Educational Achievements**

# Hospice and Palliative Care Certification

Stephen Alldred Jan Andrew Melissa Barnes Nicole Barrett Anthony Bayne Kathryn Blair Susan Boesch Victoria Bosma Gretchen Buchanan Konia Camp Katerine Caudill Sandra Cunnigan Lisa Davis Elizabeth Dean David Durrant Jessica Dutton Linda Elkins Lena Ellis Kathy Emerson Denise (Michelle) Flint Kristen Greico

Melissa Halcomb Jennifer Hrovat M. Suzanne Jackson Melodie Jamison Tiffanie Johnson **Bradley Jones** Tanya Jones Adelle Kesler Tena Kimaiyo Catina Lamb Jennifer LaRochelle Kim Lee Jenny Liew Jessica Long Talena Longworth Stacey Lykins Nicole McMullin Middleton, Lisa Ashley Mills Sheri Mothersole Mary Murphy Eric Murrell

Birdie Napper Brenda Peabody **Neil Pence** Kristen Phillips Monica Rogers Bridgette Ruff Karen Schindler Carrie Schroder Janet Shinkle **Deborah Snow** Sharon Sparrow Erica Sturgell Henrietta Sulai **Danielle Thomas** Jan Tillinger Karl Whisman Sarah White Victoria Wilson Andrea Woodson

### **Hospice of Miami County**

Jill Demmitt, RN Shari Allen, RN Danielle Blankley, RN Stacy Reese, RN Robin Leptak, RN Nancy Conatser, LPN Vickey Adkins, LPN Dawn Little, STNA

# Additional Certifications & Advance Degrees

Ruth Thomson, DO, FACOI, FAAHPM, HMDC, earned Hospice Medical Director Certification (HMDC)

Kevin Wardlaw, MA, Claremont School of Theology

Cleanne Cass, DO, FAAFP, FAAHPM, CAQ, Geriatrics, Recertification Hospice and Palliative Medicine

Jules Sherman, DO, FACOO, FAAHPM, Recertification, Hospice and Palliative Medicine

JoAnne Dole, BSN, Wright State University

Troy Gleim, RN, Edison State University

Kashauna Mathis, MS, Wright State University

Tonya Minge, BSN, Wright State University

Lynda Wiede, BSN, Indiana Wesleyan University

Ciara Bayne, ADN, Kettering College

April Mayberry, ADN, Fortis College

Rhonda Dunlevy, ADN, Fortis College

Terri Knopp, BSN, Indiana Wesleyan University

Kent Anderson, FACHE, Fellow of the American College of Healthcare Executives (FACHE)

Lisa Balster, Certification, Bioethics Network of Ohio

Jo Monroe, Certification, Oncology Massage Therapy

Amy Fluty, Certification, Oncology Massage Therapy

Amy Green, Certification, Oncology Massage Therapy

Amy Wagner, Certification in Healthcare Compliance

Laura Rothfuss, Notary Designation

Stacie Meyer, Notary Designation

Susan Good, Notary Designation

Bonnie Hitchcock, Notary Designation

Holly Liming, Notary Designation

# Clinical Leadership



# **Clinical Leadership Team**



Jan Andrew, RN, CHPN, Director of Care Coordination Center and Care Partners

Lisa Balster, MA, LSW, MBA, Director of Care, Patient Family Support Services

Rebecca Bledsoe, PharmD, Director of Pharmacy
Lana Blosser, RN, CHPN, Dayton Hospice House Team Leader
Kristy Brock, RN, CHPN, Extended Hours Team Leader
Lauren Coyle, RN, CHPN, Care Partners Team Leader
Carl Gill, Director of Business Development
Terri Gross, RN, CHPN, Director of Quality and Informatics
Tionda K. Hughes, Manager, Patient Services Coordinators
Jena Langford, RN, CHPN, Coming Home Team Leader
Jackie Matthews, RN, MS, AOCN, ACHON, Director of Innovative
Care Solutions

Diane McCoppin, RN, CHPN, Dayton Hospice House Team Leader Amanda McCoy, RN, CHPN, Hospice of Butler & Warren Counties Team Leader

Sharon Metcalf, MSW, LSW, ACHP-SW, Manager of Social Workers Mary Murphy, RN, MS, AOCN, ACHPN, Chief Nursing Care Officer Jayne Ormberg, RN, CHPN, Coming Home Team Leader Dixie Roberts, RN, BSN, CHPN, Admissions & Referrals Team Leader Carey Short, RN, CHPN, Coming Home Team Leader Gayle Simmons, MDiv, Chaplain Yvonne Turner, RN, MS, CNS, Director of Coming Home Care Julie Wickline, RN, BSN, CHPN, Director of Education and Staff Development

# **Shared Decision Making**

2014 Council Chairs

APN Council: Jackie Matthews

Admission/Referral Council: Cindy Snook, Sharon Spruill

Hospice House Council: Diane Scott

Care Partners/Coming Home Community Council: Mary Ann Stemley

Crisis Care Council: Steve Alldred Extended Hours/Triage: Diane Foreman

# **Shared Decision Making**

#### APN/Research

#### Education

- Addressed learning preferences & research interests
- Developed evidence based practice applications in management of pain/symptom

Completed AAHPN training to develop standardized review of research

### Community Care

- Increased efficiency and reduced response time for lab reports
- Developed Patient Preference Sheet to customize patient care by our Hospice Personal Care Specialists

#### Crisis Care

- Developed admission checklist to enhance continuity of care and increase efficiency
- Provided education to staff on additional pharmacy resources available for frequently used injectable medications which increases speed to patient care and comfort
- Provided educational tools to staff to enhance crisis care documentation and capture needed information

### **Extended Hours**

- Redirection of team members to alternate telephone access to improve response time to patients and families
- Established supply rooms in Community Care stations to reduce response time and travel expenses
- Improved communication processes to reduce the risk of service failures

### Hospice House

- Implemented changes to transport cart process to enhance patient dignity and improve staff safety
- Collaboration with purchasing for additional product availability to increase patient comfort

#### Admission & Referrals

- Development of C-A-N© process to increase efficiency and speed to service
- Improved high acuity identification and care for the high acuity patient
- Increased documentation efficiency to ensure respect for patient care goals

# **Community & Organizational Leadership**

Staff members of Hospice of Dayton, Hospice of Butler & Warren Counties and Hospice of Miami County assumed significant leadership roles in hospice and palliative care organizations and advocacy at state and national levels, including:

### Kent Anderson, President/CEO

- Midwest Care Alliance Public Policy Committee
- Hospice National Roundtable
- President, Ohio Hospice Alliance

### Ruth Thomson, DO, FACOI, FAAHPM, HMDC, Chief Medical Officer

- Midwest Care Alliance, Board of Directors, Executive Committee Secretary
- American Academy of Hospice and Palliative Medicine, Public Policy Committee, State Health Issues Working Group, Regulatory Issues Advisory Group
- Ohio Osteopathic Association Delegate and Trustee
- Greater Dayton Area Hospital Association, Ethics Committee, MOLST Task Force
- Hospice of Dayton legislative outreach
- Ethics Committee, Miami Valley Hospital

### Dr. Chirag Patel, MD, Medical Director

- Greater Dayton Area Hospital Association MOLST Task Force
- Ethic Committee, Good Samaritan Hospital
- Ethics Committee, Atrium Medical Center
- Ethics Committee, Greater Dayton Hospital Association

# Community & Organizational Leadership

**Dr. Cleanne Cass**, DO, FAAFP, FAAHPM, CAQ Geriatrics, Director of Community Care and Education

- Governor's Ohio Cabinet Opiate Action Team
- Treasurer, Board of Directors; Ohio Pain Initiative
- Ohio Osteopathic Association Delegate
- Advisory Committee on Ohio Chronic Pain Rules
- Greater Dayton Area Hospital Association MOLST Task Force
- Director and Founder, Community Care and Education, Midwest Care Alliance Physician Caucus
- Midwest Care Alliance, Education Committee

Mary Murphy, RN, MS, AOCN, ACHPN, Chief Nursing Officer

- Chair, Political Advocacy, West Central Ohio Oncology Nursing Society
- Midwest Care Alliance CEU reviewer
- HPNA State Ambassador

Terri Gross, RN, CHPN, Director of Quality and Information

 National Hospice and Palliative Care Organization Quality ' Committee

Julie Wickline, RN, BSN, CHPN, Director of Education

• Midwest Care Alliance, Education Committee

Kim Vesey, RN, CHPN, MS, Vice President of Mission Support

Midwest Care Alliance, Education Board of Directors, Chair

Craig Turner, CHPNA, Education Department Mentor

 National Board of Certified Hospice and Palliative Nursing Association Awards Selection Committee

Rebecca Collins, RN, BSN, OCN, CHPN

- President, West Central Ohio Chapter, Oncology Nursing Society
- Secretary, Wright State University Nursing Alumni Association

# **Innovation in Care**



### Innovation in Care

# Hospice of Miami County Inpatient Unit at Upper Valley Medical Center



The Ohio's Hospice Strategic Partnership between Hospice of Miami County and Hospice of Dayton enabled the opening in 2014 of the new Hospice of Miami County Inpatient Unit at Upper Valley Medical Center. The seven-bed, self-contained unit located on the second floor of the hospital accepted its first patient on November 28, 2014. The Inpatient Unit gives Hospice of Miami County the ability to continue to build upon the superior care and services our supportive community deserves and has received for over 31 years. Along with accreditation with The Joint Commission, Hospice of Miami County has also successfully achieved two deficiency free surveys from the Ohio Department of Health for both outpatient and inpatient hospice services.

# Behavior Based Ergonomic Therapy



In 2014, through a continuing grant from the Social Entrepreneurship Fund, Hospice of Dayton in partnership with Dr. Govind Bharwani embarked upon the first implementation and research into the impact of Behavior Based Ergonomic Therapy (BBET) for patients at the end of life. Dr. Bharwani pioneered BBET, a person-centered care approach for managing behaviors and engaging patients with Alzheimer's Dementia. BBET was first implemented in St. Leonard's dementia and Alzheimer unit in early 2010 and has since shown a 35 percent reduction in resident falls and 55 percent drop in use of PRN behavioral medications. Caregivers also reported decreased stress levels and the ability to spend more quality time with their loved ones.

Data collected from BBET research with patients in the Dayton Hospice House have resulted in the expansion of therapy to Hospice of Dayton home care patients. The overreaching goal of this program will be to promote improved quality of life through a reduction of falls, reduction of medication usage, and improved interactions with family and caregivers.

# **Community & Organizational Leadership**

# Partnerships and Collaborations in Palliative Care

Premier Health and Ohio's Hospice – comprised of Hospice of Dayton, Hospice of Miami County, Hospice of Butler & Warren Counties and Innovative Care Solutions palliative services – have announced a clinical collaboration to enhance the availability and services of palliative care and hospice to patients in the Miami Valley.

Under the new agreement, Innovative Care Solutions palliative care coordinates palliative care services for Premier Health locations, ensuring the highest standards and expertise in palliative services are provided to Premier Health consumers. The agreement enables the organizations to manage patients across a continuum of care to better manage costs and maintain the highest quality standards.

Premier Health serves the community from more than 100 locations throughout Southwestern Ohio, including hospitals, outpatient surgery centers, health centers, primary care and after-hours care, health specialists, and home health and community health services. Ohio's Hospice is a partnership of palliative and hospice care providers serving more than 5,000 patients and families annually in southwest Ohio in their homes, assisted and extended living facilities, hospitals and two area hospice houses.

# Oncology Supportive Care Clinic

Innovative Care Solutions, Kettering Cancer & Blood Specialists, and Kettering's Women's Cancer Center partnered to develop and pilot the area's first palliative medicine specialty-aligned outpatient clinic, enabling patients and their families to be seen concurrently and in collaboration with their treating oncologist. The Oncology Supportive Care Clinic provides patients and their families with early access to expert symptom management, psychological support, and improved communication of preferences and expectations.

## Innovation in Care

# Oncology Supportive Care Clinic

By anticipating and addressing the many aspects of suffering with advanced cancer, patients have the opportunity to avoid unnecessary hospitalizations, visits to the emergency department, and even resolve problems before they evolve into crisis.

During the pilot period, 30 evaluable patients were provided supportive care assessment and plan of care. A review of their demographics noted a young population with an average age of 58, 58% percent male/42% female, with advanced cancer diagnoses of lung (23%) or gynecologic malignancy (20%) as the most common disease site. Major reasons for referral to our service include medical decision-making, pain management and counseling.

Using the Edmonton Symptom Assessment System, the severity of symptoms could be measured over time. A subset selected for evaluating the management of pain demonstrated that during an average of four visits, pain scores were reduced by 57 percent, while wellbeing scores improved 48 percent.

While the scope of service for this pilot was completed on a focused, small scale, the outcomes were noted to be consistent with other large scale experiences. These report that an integrated approach with the addition of supportive care services concurrently with oncology care provides a care experience that anticipates patient and family needs, improves symptoms and burdens associated with the diagnosis of advanced cancer, and improves a sense of well-being that impacts the patient/family experience.

